

Race Results - Overall - F1 Jagermeister 10k 2006

POS.	NUMBER	NAME	SEX	CLUB	CATEGORY	TIME
1	31	Matt Adcock	M	Owls		33.03
2	148	Matthew Hammerton	M			34.15
3	393	Darren Ridout	M	Heanor Running Club		34.32
4	365	Mark Rose	M	Shepshed RC	V40	34.36
5	394	Chris Rainsford	M	Heanor Running Club		34.54
6	265	John Gilbert	M			35.17
7	268	Stephen Jennings	M	Notts Ac	V40	35.24
8	373	Terrance Smith	M	Redhill Road Runners		35.36
9	396	Lee Perkins	M	Heanor Running Club		36.18
10	103	Alan Seamer	M	Police AC	V40	36.31
11	72	Richard Darling	M	Notts AC		36.32
12	145	Simon Nash	M	Redhill Road Runners	V40	36.35
13	295	Ian Paramore	M	Barrow Runners	V40	36.36
14	269	Clive Greyson	M	Redhill Road Runners		37.02
15	325	Luke James	M	Heanor Running Club		37.11
16	304	Luke Seamer	M	Long Eaton RC		37.12
17	363	John Herley	M	Matlock RC	V50	37.26
18	124	Robert Fox	M	Long Eaton RC	V40	37.34
19	149	Phil Westmorland	M			37.44
20	232	Sean Matthews	M	Long Eaton RC		37.47
21	45	Lee Tomlinson	M	Hermitage Harriers		37.50
22	348	Rob Metcalfe	M	Leicester Tri Club		38.01
23	328	Stephen Ashmore	M	Heanor Running Club		38.06
24	195	Laurent Kelly	M			38.14
25	317	Tom McCulloch	M	Redhill Road Runners	V40	38.17
26	21	Kevin Brown	M	Redhill Road Runners		38.18
27	147	James McMahon	M			38.21
28	376	Mark Wyszynski	M	Holme Pierrepont		38.25
29	398	Jeremy Janes	M	Wymeswold RC		38.31
30	166	Jonathan Hughes	M	Long Eaton RC		38.37
31	305	Dominic Seymour	M		V40	38.55
32	5	Kurt Fitch	M			39.00
33	175	Mark Rowson	M	Siemens AC	V40	39.02
34	123	Mel Haywood	M			39.03
35	49	Patrick Fitzgerald	M	Long Eaton RC	V40	39.07
36	395	Rob Rainsford	M	Heanor Running Club	V40	39.20
37	46	Gemma Steel	F	Hermitage Harriers		39.26
38	162	Kevin Fearn	M			39.33
39	168	Dave Evans	M	Siemens AC		39.43
40	36	Ian Hunter	M			39.45
41	160	Mark Attenborough	M	Redhill Road Runners	V40	39.51
42	29	Mark Anslow	M	Redhill Road Runners	V40	39.58
43	74	Andrew Powell	M			40.06
44	380	Edward Crisp	M	Redhill Road Runners		40.11
45	229	David Graham	M		V40	40.13
46	218	Mark Davis	M	Redhill Road Runners		40.17
47	65	Paul Mettam	M		V40	40.23
48	352	Donald Wells	M	Holme Pierrepont	V40	40.34
49	101	Graham Whitt	M	Police AC		40.36
50	109	Nils Robinson	M	Police AC		40.39
51	62	Steven Carroll	M	Redhill Road Runners		40.40
52	48	Emily Rose	F	Redhill Road Runners		40.40
53	140	Dilip Dattani	M	Barrow Runners	V40	40.49
54	182	Jaik Pickford	M			40.50
55	76	Paul Stacey	M	Redhill Road Runners	V40	40.50
56	183	John Terry	M	Hermitage Harriers		41.02
57	261	Michael Roe	M			41.03
58	369	Richard Hill	M	Long Eaton RC		41.05
59	294	Helen Shirley	F	Holmfirth Harriers		41.12
60	159	Edmund Cussen	M			41.18
61	403	Andrew Tanser	M	Wymeswold RC		41.20
62	25	Gavin Dow	M			41.21
63	296	Monique Raaijmakers	F	Barrow Runners	V40	41.25
64	137	Andrew Hunter	M	Siemens Ac		41.26
65	178	Darren Harley	M	Siemens AC		41.27
66	44	Ashok Patel	M	Long Eaton RC	V50	41.27

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67	350	Jack Cheung	M			41.28
68	267	Duane Daugherty	M		V40	41.34
69	13	Nick Hando	M	Wymeswold RC		41.37
70	139	Paul Whitehall	M	Hermitage Harriers	V40	41.39
71	351	Alan Maplethorpe	M	Long Eaton RC		41.39
72	179	Peter Edwards	M	Hearon Running Club		41.43
73	388	Ken Allen	M	Notts AC	V50	41.48
74	87	Kevin Dickinson	M	Holme Pierrepont		41.50
75	138	Simon Preston	M			41.58
76	299	Trevor Hiscox	M	Mansfield Harriers & A.c	V40	42.00
77	385	Brian Goodall	M	Erewash Valley Running Club	V50	42.07
78	91	Sam O'Connell	M			42.09
79	347	John O'Donnell	M	Siemens AC	V50	42.11
80	399	Jonathan Straw	M	Wymeswold RC		42.25
81	313	Hannah Spotak	F	Barrow Runners		42.27
82	63	Richard Stratton	M	Notts AC	V40	42.33
83	188	Philip Williams	M	Redhill Road Runners		42.34
84	146	Robert Norman	M	Belper Harriers		42.39
85	258	Tobias Langanke	M			42.42
86	181	Andy Asher	M		V40	42.44
87	357	David Smith	M	Notts AC	V40	42.48
88	402	Andrew Tanser	M	Wymeswold RC		42.48
89	371	Paul Kingsley	M			42.49
90	239	James Thorneycroft	M	Matlock RC	V40	43.00
91	359	Richard Fildes	M	Rolls-Royce Harriers	V40	43.06
92	156	Wayne Cranton	M	Holme Pierrepont	V40	43.10
93	41	Phil Abbott	M	Long Eaton RC		43.11
94	278	Michael Riley	M	Redhill Road Runners		43.14
95	185	Derek Poole	M	Holme Pierrepont	V50	43.20
96	56	Mario Rocchelli	M	Notts AC		43.25
97	83	Dave Redfern	M			43.31
98	339	Samantha Emery	F	Notts AC		43.39
99	343	Matt Barnham	M			43.41
100	220	Peter Scoffings	M	Redhill Road Runners	V40	43.43
101	310	Matthew Grant	M			43.54
102	158	Christopher Hewson	M			44.03
103	112	Mike Drury	M	Police AC		44.07
104	309	Jodie Smith	F	Long Eaton RC		44.09
105	196	Geoffrey Jackson	M	Redhill Road Runners	V50	44.11
106	219	Ian Carter	M			44.12
107	311	Christopher Dwyer	M	Notts AC	V40	44.14
108	77	Chris Simon	M			44.15
109	202	Caroline Norton	F	Redhill Road Runners		44.20
110	280	Mark Tomlinson	M	Redhill Road Runners	V40	44.20
111	100	Rab Acid	M	Siemens AC	V50	44.22
112	59	Catherine Charlton	F	Redhill Road Runners		44.23
113	342	Claire Hayes-Gill	F	Holme Pierrepont		44.25
114	262	Tony Leney	M			44.26
115	379	Robert Sharratt	M	Ilkeston	V40	44.28
116	297	Tim Sprosen	M		V40	44.32
117	190	Spencer Sheldon	M			44.39
118	308	John O'Shea	M	Southwell Running Club	V50	44.44
119	341	Ken Sharp	M	Siemens AC	V50	44.46
120	272	Antony Dorr	M	Siemens Ac		44.51
121	125	Jonathan Williams	M			44.58
122	276	John Carrier	M	Siemens Ac	V50	45.02
123	93	David Bishop	M			45.08
124	264	Colin Bones	M	Redhill Road Runners	V50	45.12
125	270	Robert Warburton	M	Long Eaton RC	V50	45.16
126	50	Karyn Stander	F	Redhill Road Runners		45.17
127	307	Rob Crocker	M	Holme Pierrepont	V50	45.17
128	344	Nick Pidgeon	M			45.20
129	237	Hayley Abraham	F			45.23
130	400	Andrew Tanser	M	Wymeswold RC		45.24
131	259	James Broomfield	M			45.25
132	89	Keith Palmer	M	Redhill Road Runners	V40	45.27
133	366	Jack Sipple	M			45.28
134	55	Luke Saxton	M			45.28

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135	330	Nigel Scollin	M	Heanor Running Club	V40	45.29
136	27	Richard Mitson	M	Notts AC		45.36
137	6	Beth Hird	F			45.36
138	131	Rupert Kilrick	M			45.37
139	199	Richard Michalak	M	Holme Pierrepont	V50	45.39
140	279	Phil Merrick	M	Siemens AC		45.41
141	277	Pete Roe	M	Bell Harp Hornets	V50	45.46
142	200	Dorothy Michalak	F	Holme Pierrepont	V40	45.47
143	66	Alison Herbert	F	Redhill Road Runners		45.47
144	201	Jonathan Dolphin-Rowland	M			45.52
145	197	Sarah Wileman	F			45.55
146	157	Matt Gisby	M	Ipswich Harriers		45.59
147	155	Peter Holmes	M	Erewash Valley Running Club	V40	46.04
148	316	Shane Hugill	M			46.07
149	346	Sally Plastow	F	Redhill Road Runners		46.11
150	236	Graham Webster	M	Redhill Road Runners	V40	46.11
151	113	Andrew Duncum	M	Police AC	V40	46.12
152	282	Chris Sanderson	M			46.12
153	142	Dennis O'Neil	M	Redhill Road Runners	V50	46.15
154	70	Colin Bostock	M	Long Eaton RC	V50	46.16
155	204	Ian Wallis	M	Long Eaton RC	V40	46.17
156	104	Bruce Rainford	M	Police AC	V40	46.20
157	152	Kate Edmonds	F	Long Eaton RC	V40	46.23
158	22	Tim Horan	M		V50	46.25
159	215	Amanda Lowton	F	Redhill Road Runners		46.25
160	47	Steve Gelderd	M	Redhill Road Runners	V40	46.29
161	130	Robert Gibb	M	KADS	V40	46.36
162	288	Peter Manhoudt	M			46.43
163	227	Adrian Freeman	M			46.44
164	96	Rodd Reas	M			46.57
165	372	Mark Murphy	M			47.00
166	35	Peter Cresswell	M			47.01
167	382	Shaun Burton	M	Long Eaton RC	V40	47.01
168	136	Phil Lawson	M		V40	47.04
169	361	Edward Allen	M	Barrow Runners	V40	47.06
170	362	Dave Allen	M	Barrow Runners	V40	47.06
171	11	Arlo Cox	M			47.15
172	37	Sally Wharmby	F			47.16
173	15	Jeremy Griffiths	M		V40	47.21
174	300	Dean Whittaker	M			47.23
175	118	Anita Connell	F	Police AC		47.27
176	349	Peter Fowles	M	Long Eaton RC	V50	47.33
177	211	Matt Lawrence	M			47.37
178	404	Andrew Tanser	M	Wymeswold RC		47.39
179	266	James Naylor	M	Bell Harp Hornets	V40	47.45
180	281	Nick Rouse	M			47.46
181	68	Simon Butler	M			47.47
182	355	Bill Phillips	M	Charnwood AC	V50	47.52
183	392	Deborah Haslam	F	Heanor Running Club		47.55
184	213	David Hornigold	M			47.56
185	117	Emma Jepson	F	Police AC		47.57
186	102	Gareth Harding	M	Police AC		47.58
187	245	David Rickards	M	Holme Pierrepont		47.59
188	243	Paul Boyd	M	Holme Pierrepont	V50	47.59
189	207	Sue Klotschkow	F	Long Eaton RC	V40	48.16
190	10	Simon Winfield	M	Nottingham Alumni		48.18
191	386	Simon Lincoln	M			48.21
192	322	Frank Makin	M	Holme Pierrepont	V50	48.24
193	353	Ian Gascoigne	M			48.27
194	289	Jagjit Rai	M			48.32
195	57	Russell Deards	M			48.39
196	260	Adam Nowicki	M	Run Local	V40	48.44
197	161	Charlotte Gault	F	Holme Pierrepont		48.46
198	132	Emma Fletcher	F	Redhill Roadrunners		48.48
199	80	Melanie Berry	F	Long Eaton RC		48.52
200	251	David Robson	M	Wymeswold	V40	48.53
201	230	Trevor Critchley	M			48.57
202	42	Damian Cowlshaw	M	Long Eaton RC	V40	48.58

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203	241	Louise Harrop	F			49.04
204	51	Carloine Waterhouse	F	Long Eaton RC		49.06
205	323	Keith Brown	M			49.07
206	205	Rachel Martin	F	Redhill Road Runners		49.10
207	71	Adrian Turner	M			49.10
208	332	Catherine Rowe	F	Long Eaton RC	V40	49.11
209	105	Robert Wilson	M	Police AC	V40	49.13
210	167	Louise Hughes	F	Long Eaton RC		49.21
211	177	Robert Campbell	M	Shelton Striders	V40	49.28
212	284	Laura Marshall	F			49.31
213	163	Debra Shaw	F	Notts AC		49.32
214	326	Michelle Flint	F	Redhill Road Runners	V40	49.33
215	291	Jonathan Roberts	M		V40	49.46
216	327	Victoria Yeomans	F	Long Eaton RC		49.48
217	336	Alan Chadwick	M			49.55
218	79	Louise O'Reilly	F	Long Eaton RC		49.56
219	191	Emma Robinson	F			49.57
220	263	Tim Wilson	M		V40	49.59
221	354	Dennis Reeson	M	Redhill Road Runners	V50	50.00
222	81	Helen Gorman	F	Long Eaton RC		50.08
223	360	Kate McBlane	F			50.11
224	172	Ian Stewart	M			50.12
225	107	Steve Craner	M	Police AC		50.15
226	401	Andrew Tanser	M	Wymeswold RC		50.16
227	293	Joseph Rogers	M			50.17
228	3	Daniel Gambles	M			50.23
229	90	Ian Murney	M			50.30
230	144	Dave Boothby	M			50.35
231	390	Chris Wright	M			50.36
232	73	Emily Parkin	F			50.41
233	283	Hannah Beilby	F			50.56
234	133	Andrew Whitehead	M			51.13
235	184	Sandy Poole	F	Holme Pierrepont	V50	51.17
236	111	Neil Hallam	M	Police AC	V40	51.18
237	33	Andrew Bloor	M	Ilkeston	V40	51.27
238	194	Charlotte Robinson	F			51.30
239	391	James French	M			51.33
240	253	Alan Bush	M		V40	51.39
241	225	Patrick Ginty	M			51.40
242	129	Stephen Evans	M	Wymeswold RC		51.44
243	58	Debbie Parker	F	Long Eaton RC		51.54
244	165	Lindsey Dewis	F		V40	51.54
245	85	Kevin Holland	M	Long Eaton RC	V40	51.56
246	134	James Abbott	M			52.02
247	301	David Greenwood	M		V50	52.10
248	334	Lindsey Marshall	F		V40	52.11
249	290	Pauline Clarke	F	Redhill Road Runners		52.12
250	20	Julie Nicholls	F			52.12
251	340	Joan Inglis	F		V40	52.16
252	224	John Wadelin	M			52.24
253	210	Jennifer Ward	F			52.25
254	209	Peter Furneaux	M			52.25
255	154	Claire Evans	F			52.30
256	314	Christian Limb	M			52.42
257	250	Barbara Sacre	F			52.43
258	228	Nina Iacovitti	F	Long Eaton RC		52.51
259	69	Barbara Bostock	F	Long Eaton RC	V50	53.05
260	238	Kate Turner	F			53.10
261	128	Howard Turney	M		V40	53.11
262	378	Caroline Sharratt	F	Erewash Valley Running Club	V40	53.14
263	377	Catriona Mortimer	F	Long Eaton RC		53.14
264	88	Dave Burton	M			53.18
265	244	Jon Marriott	M			53.25
266	30	Michael Jones	M	Notts AC	V40	53.25
267	143	Lyn McDonnell	F	Notfast RC	V40	53.28
268	256	Matt Harrington	M			53.32
269	23	Geoffrey Brown	M		V40	53.34
270	235	Gary Evans	M		V50	53.38

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271	180	Jane Edwards	F	Heanor Running Club		53.38
272	127	Martyn Pearce McNeill	M			53.40
273	333	Simon Parker	M			53.45
274	64	Nick Bromage	M			53.46
275	222	Chris Roberts	M			53.54
276	249	Scott Waite	M			54.08
277	302	Ann Greenwood	F		V50	54.15
278	303	Steve Pole	M			54.16
279	135	Sheree Kyle	F			54.20
280	338	Janet Hudson	F		V40	54.26
281	274	Laura Wylie	F			54.28
282	1	Kevin Jones	M			54.28
283	389	Patricia Allen	F	Notts AC	V50	54.32
284	7	Steven Hird	M			54.39
285	24	Russell Moore	M	Veterans AC	V50	54.40
286	367	Sharon Thomas	F		V40	54.43
287	324	Dawn Cassidy	F	Run Local		54.50
288	368	Stephen Sipple	M		V40	54.56
289	170	Michael Cole	M		V50	55.04
290	164	Nigel Starr	M	Erewash Valley Running Club	V50	55.15
291	212	Tina Stowell	F			55.16
292	92	Johanna Feary	F			55.22
293	285	Darren Brimer	M			55.23
294	240	Ben Dyer	M			55.24
295	234	Laura Millard	F			55.32
296	14	Becky Sandford	F			55.35
297	12	Matt Strickland	M			55.35
298	306	Jane Limb	F		V40	55.36
299	40	Nicki Little	F	Beaumont	V50	55.37
300	375	Michael Stewart	M		V40	55.38
301	52	Ian Waterhouse	M	Long Eaton RC	V40	55.39
302	173	Nigel Gill	M		V40	55.42
303	39	Tim Smith	M		V40	55.44
304	38	Nicki Hay	F			55.44
305	97	Simon Young	M			55.46
306	387	Martyn Spencer	M			55.57
307	86	Jeremy Fenn	M			56.01
308	298	Michelle Sprosen	F			56.23
309	99	Adrain Hurry	M			56.29
310	374	Karen Woodham	F	Notts AC		56.36
311	18	Jennie Woodcock	F			56.39
312	193	Joanne Humphrey	F			56.52
313	383	Fiona Wright	F			56.53
314	287	Julie Wright	F			57.02
315	370	Seonna Kingsley	F		V40	57.17
316	198	Rachel Whittaker	F	Notts AC		57.23
317	397	Rachel Middleton	F	Notts AC		57.23
318	126	Frank Houvenaghel	M	Holme Pierrepont	V50	57.34
319	345	Stuart Bell	M	Long Eaton RC		57.37
320	26	Alison Bottomley	F	Holme Pierrepont	V50	57.49
321	315	Graham Kirsopp	M		V40	58.06
322	381	Steve Lack	M		V40	58.37
323	319	Ken Wright	M	Rolls-Royce Harriers	V50	58.42
324	141	Sarah Isherwood	F	Wymeswold RC		58.46
325	221	Elizabeth Tarling	F			58.47
326	242	Simon Basson	M		V40	59.01
327	82	Fabienne Schiess	F		V40	59.07
328	192	Paula Humphrey	F			59.15
329	321	Colin Peet	M	Redhill Road Runners	V50	59.36
330	358	Lisa Surrell	F	Rolls-Royce Harriers		59.48
331	174	Nicola Mee	F	KADS		59.59
332	214	Lesley Jenkinson	F			60.15
333	84	Peter Sturgess	M	Long Eaton RC		60.18
334	217	Louise Davis	F	Redhill Road Runners		61.12
335	384	Andrew Whitfield	M		V40	61.31
336	60	Peter Church	M	Long Eaton RC	V50	61.47
337	78	Joanna Simon	F			62.31
338	98	Chris Bishop	M			62.33

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339	153	Jane Rogers	F		V50	62.52
340	9	Teresa Rae	F			63.00
341	110	Chi-Chi Tang	F	Police AC		64.15
342	248	Helen Woodham	F			65.26
343	67	Victoria Adika	F			67.24
344	176	Clare Campbell	F	Shelton Striders		67.35
345	61	Ann Church	F	Long Eaton RC		67.36
346	226	Debra Mason	F		V40	67.43
347	34	Kelly Marshall	F			67.43
348	233	Samantha Wibberley	F			68.02
349	75	Christine Woolley	F		V40	68.11
350	273	Victoria Crane	F	Notts Ac		68.15
351	19	Sara Hartshorn	F	Running 4 Women		68.53
352	53	Louise Sapstead	F			71.02
353	187	Jane Cullen	F			71.02
354	122	Beth Gardner	F			72.04
355	121	Christopher Trendowicz	M			72.04
356	318	Rosemary Wright	F	Rolls-Royce Harriers	V50	72.32
357	169	Liz Bellamy	F	West End Runners	V50	74.58
358	231	Les Woof	M			77.59
359	257	Melissa Harrington	F			80.23
360	255	Katie Harrington	F			80.23

Race Results - Men - F1 Jagermeister 10k 2006

PLACE	OVERALL POSITION	NUMBER	NAME	SEX	CLUB	CATEGORY	TIME
1	1	31	Matt Adcock	M	Owls		33.03
2	2	148	Matthew Hammerton	M			34.15
3	3	393	Darren Ridout	M	Heanor Running Club		34.32
4	4	365	Mark Rose	M	Shepshed RC	V40	34.36
5	5	394	Chris Rainsford	M	Heanor Running Club		34.54
6	6	265	John Gilbert	M			35.17
7	7	268	Stephen Jennings	M	Notts Ac	V40	35.24
8	8	373	Terrance Smith	M	Redhill Road Runners		35.36
9	9	396	Lee Perkins	M	Heanor Running Club		36.18
10	10	103	Alan Seamer	M	Police AC	V40	36.31
11	11	72	Richard Darling	M	Notts AC		36.32
12	12	145	Simon Nash	M	Redhill Road Runners	V40	36.35
13	13	295	Ian Paramore	M	Barrow Runners	V40	36.36
14	14	269	Clive Greyson	M	Redhill Road Runners		37.02
15	15	325	Luke James	M	Heanor Running Club		37.11
16	16	304	Luke Seamer	M	Long Eaton RC		37.12
17	17	363	John Herley	M	Matlock RC	V50	37.26
18	18	124	Robert Fox	M	Long Eaton RC	V40	37.34
19	19	149	Phil Westmorland	M			37.44
20	20	232	Sean Matthews	M	Long Eaton RC		37.47
21	21	45	Lee Tomlinson	M	Hermitage Harriers		37.50
22	22	348	Rob Metcalfe	M	Leicester Tri Club		38.01
23	23	328	Stephen Ashmore	M	Heanor Running Club		38.06
24	24	195	Laurent Kelly	M			38.14
25	25	317	Tom McCulloch	M	Redhill Road Runners	V40	38.17
26	26	21	Kevin Brown	M	Redhill Road Runners		38.18
27	27	147	James McMahon	M			38.21
28	28	376	Mark Wyszynski	M	Holme Pierrepont		38.25
29	29	398	Jeremy Janes	M	Wymeswold RC		38.31
30	30	166	Jonathan Hughes	M	Long Eaton RC		38.37
31	31	305	Dominic Seymour	M		V40	38.55
32	32	5	Kurt Fitch	M			39.00
33	33	175	Mark Rowson	M	Siemens AC	V40	39.02
34	34	123	Mel Haywood	M			39.03
35	35	49	Patrick Fitzgerald	M	Long Eaton RC	V40	39.07
36	36	395	Rob Rainsford	M	Heanor Running Club	V40	39.20
37	38	162	Kevin Fearn	M			39.33
38	39	168	Dave Evans	M	Siemens AC		39.43
39	40	36	Ian Hunter	M			39.45
40	41	160	Mark Attenborough	M	Redhill Road Runners	V40	39.51
41	42	29	Mark Anslow	M	Redhill Road Runners	V40	39.58
42	43	74	Andrew Powell	M			40.06
43	44	380	Edward Crisp	M	Redhill Road Runners		40.11
44	45	229	David Graham	M		V40	40.13
45	46	218	Mark Davis	M	Redhill Road Runners		40.17
46	47	65	Paul Mettam	M		V40	40.23
47	48	352	Donald Wells	M	Holme Pierrepont	V40	40.34
48	49	101	Graham Whitt	M	Police AC		40.36
49	50	109	Nils Robinson	M	Police AC		40.39
50	51	62	Steven Carroll	M	Redhill Road Runners		40.40
51	53	140	Dilip Dattani	M	Barrow Runners	V40	40.49
52	54	182	Jaik Pickford	M			40.50
53	55	76	Paul Stacey	M	Redhill Road Runners	V40	40.50
54	56	183	John Terry	M	Hermitage Harriers		41.02
55	57	261	Michael Roe	M			41.03
56	58	369	Richard Hill	M	Long Eaton RC		41.05
57	60	159	Edmund Cussen	M			41.18
58	61	403	Andrew Tanser	M	Wymeswold RC		41.20
59	62	25	Gavin Dow	M			41.21
60	64	137	Andrew Hunter	M	Siemens Ac		41.26
61	65	178	Darren Harley	M	Siemens AC		41.27
62	66	44	Ashok Patel	M	Long Eaton RC	V50	41.27
63	67	350	Jack Cheung	M			41.28
64	68	267	Duane Daugherty	M		V40	41.34
65	69	13	Nick Hando	M	Wymeswold RC		41.37
66	70	139	Paul Whitehall	M	Hermitage Harriers	V40	41.39
67	71	351	Alan Maplethorpe	M	Long Eaton RC		41.39

Race Results - Men - F1 Jagermeister 10k 2006

68	72	179	Peter Edwards	M	Heanor Running Club		41.43
69	73	388	Ken Allen	M	Notts AC	V50	41.48
70	74	87	Kevin Dickinson	M	Holme Pierrepont		41.50
71	75	138	Simon Preston	M			41.58
72	76	299	Trevor Hiscox	M	Mansfield Harriers & A.c	V40	42.00
73	77	385	Brian Goodall	M	Erewash Valley Running Club	V50	42.07
74	78	91	Sam O'Connell	M			42.09
75	79	347	John O'Donnell	M	Siemens AC	V50	42.11
76	80	399	Jonathan Straw	M	Wymeswold RC		42.25
77	82	63	Richard Stratton	M	Notts AC	V40	42.33
78	83	188	Philip Williams	M	Redhill Road Runners		42.34
79	84	146	Robert Norman	M	Belper Harriers		42.39
80	85	258	Tobias Langanke	M			42.42
81	86	181	Andy Asher	M		V40	42.44
82	87	357	David Smith	M	Notts AC	V40	42.48
83	88	402	Andrew Tanser	M	Wymeswold RC		42.48
84	89	371	Paul Kingsley	M			42.49
85	90	239	James Thorneycroft	M	Matlock RC	V40	43.00
86	91	359	Richard Fildes	M	Rolls-Royce Harriers	V40	43.06
87	92	156	Wayne Cranton	M	Holme Pierrepont	V40	43.10
88	93	41	Phil Abbott	M	Long Eaton RC		43.11
89	94	278	Michael Riley	M	Redhill Road Runners		43.14
90	95	185	Derek Poole	M	Holme Pierrepont	V50	43.20
91	96	56	Mario Rocchelli	M	Notts AC		43.25
92	97	83	Dave Redfern	M			43.31
93	99	343	Matt Barnham	M			43.41
94	100	220	Peter Scoffings	M	Redhill Road Runners	V40	43.43
95	101	310	Matthew Grant	M			43.54
96	102	158	Christopher Hewson	M			44.03
97	103	112	Mike Drury	M	Police AC		44.07
98	105	196	Geoffrey Jackson	M	Redhill Road Runners	V50	44.11
99	106	219	Ian Carter	M			44.12
100	107	311	Christopher Dwyer	M	Notts AC	V40	44.14
101	108	77	Chris Simon	M			44.15
102	110	280	Mark Tomlinson	M	Redhill Road Runners	V40	44.20
103	111	100	Rab Acid	M	Siemens AC	V50	44.22
104	114	262	Tony Leney	M			44.26
105	115	379	Robert Sharratt	M	Ilkeston	V40	44.28
106	116	297	Tim Sprosen	M		V40	44.32
107	117	190	Spencer Sheldon	M			44.39
108	118	308	John O'Shea	M	Southwell Running Club	V50	44.44
109	119	341	Ken Sharp	M	Siemens AC	V50	44.46
110	120	272	Antony Dorr	M	Siemens Ac		44.51
111	121	125	Jonathan Williams	M			44.58
112	122	276	John Carrier	M	Siemens Ac	V50	45.02
113	123	93	David Bishop	M			45.08
114	124	264	Colin Bones	M	Redhill Road Runners	V50	45.12
115	125	270	Robert Warburton	M	Long Eaton RC	V50	45.16
116	127	307	Rob Crocker	M	Holme Pierrepont	V50	45.17
117	128	344	Nick Pidgeon	M			45.20
118	130	400	Andrew Tanser	M	Wymeswold RC		45.24
119	131	259	James Broomfield	M			45.25
120	132	89	Keith Palmer	M	Redhill Road Runners	V40	45.27
121	133	366	Jack Sipple	M			45.28
122	134	55	Luke Saxton	M			45.28
123	135	330	Nigel Scollin	M	Heanor Running Club	V40	45.29
124	136	27	Richard Mitson	M	Notts AC		45.36
125	138	131	Rupert Kilrick	M			45.37
126	139	199	Richard Michalak	M	Holme Pierrepont	V50	45.39
127	140	279	Phil Merrick	M	Siemens AC		45.41
128	141	277	Pete Roe	M	Bell Harp Hornets	V50	45.46
129	144	201	Jonathan Dolphin-Rowland	M			45.52
130	146	157	Matt Gisby	M	Ipswich Harriers		45.59
131	147	155	Peter Holmes	M	Erewash Valley Running Club	V40	46.04
132	148	316	Shane Hugill	M			46.07
133	150	236	Graham Webster	M	Redhill Road Runners	V40	46.11
134	151	113	Andrew Duncum	M	Police AC	V40	46.12
135	152	282	Chris Sanderson	M			46.12
136	153	142	Dennis O'Neil	M	Redhill Road Runners	V50	46.15

Race Results - Men - F1 Jagermeister 10k 2006

137	154	70	Colin Bostock	M	Long Eaton RC	V50	46.16
138	155	204	Ian Wallis	M	Long Eaton RC	V40	46.17
139	156	104	Bruce Rainford	M	Police AC	V40	46.20
140	158	22	Tim Horan	M		V50	46.25
141	160	47	Steve Gelderd	M	Redhill Road Runners	V40	46.29
142	161	130	Robert Gibb	M	KADS	V40	46.36
143	162	288	Peter Manhoudt	M			46.43
144	163	227	Adrian Freeman	M			46.44
145	164	96	Rodd Reas	M			46.57
146	165	372	Mark Murphy	M			47.00
147	166	35	Peter Cresswell	M			47.01
148	167	382	Shaun Burton	M	Long Eaton RC	V40	47.01
149	168	136	Phil Lawson	M		V40	47.04
150	169	361	Edward Allen	M	Barrow Runners	V40	47.06
151	170	362	Dave Allen	M	Barrow Runners	V40	47.06
152	171	11	Arlo Cox	M			47.15
153	173	15	Jeremy Griffiths	M		V40	47.21
154	174	300	Dean Whittaker	M			47.23
155	176	349	Peter Fowles	M	Long Eaton RC	V50	47.33
156	177	211	Matt Lawrence	M			47.37
157	178	404	Andrew Tanser	M	Wymeswold RC		47.39
158	179	266	James Naylor	M	Bell Harp Hornets	V40	47.45
159	180	281	Nick Rouse	M			47.46
160	181	68	Simon Butler	M			47.47
161	182	355	Bill Phillips	M	Charnwood AC	V50	47.52
162	184	213	David Hornigold	M			47.56
163	186	102	Gareth Harding	M	Police AC		47.58
164	187	245	David Rickards	M	Holme Pierrepont		47.59
165	188	243	Paul Boyd	M	Holme Pierrepont	V50	47.59
166	190	10	Simon Winfield	M	Nottingham Alumni		48.18
167	191	386	Simon Lincoln	M			48.21
168	192	322	Frank Makin	M	Holme Pierrepont	V50	48.24
169	193	353	Ian Gascoigne	M			48.27
170	194	289	Jagjit Rai	M			48.32
171	195	57	Russell Deards	M			48.39
172	196	260	Adam Nowicki	M	Run Local	V40	48.44
173	200	251	David Robson	M	Wymeswold	V40	48.53
174	201	230	Trevor Critchley	M			48.57
175	202	42	Damian Cowlshaw	M	Long Eaton RC	V40	48.58
176	205	323	Keith Brown	M			49.07
177	207	71	Adrian Turner	M			49.10
178	209	105	Robert Wilson	M	Police AC	V40	49.13
179	211	177	Robert Campbell	M	Shelton Striders	V40	49.28
180	215	291	Jonathan Roberts	M		V40	49.46
181	217	336	Alan Chadwick	M			49.55
182	220	263	Tim Wilson	M		V40	49.59
183	221	354	Dennis Reeson	M	Redhill Road Runners	V50	50.00
184	224	172	Ian Stewart	M			50.12
185	225	107	Steve Craner	M	Police AC		50.15
186	226	401	Andrew Tanser	M	Wymeswold RC		50.16
187	227	293	Joseph Rogers	M			50.17
188	228	3	Daniel Gambles	M			50.23
189	229	90	Ian Murney	M			50.30
190	230	144	Dave Boothby	M			50.35
191	231	390	Chris Wright	M			50.36
192	234	133	Andrew Whitehead	M			51.13
193	236	111	Neil Hallam	M	Police AC	V40	51.18
194	237	33	Andrew Bloor	M	Ilkeston	V40	51.27
195	239	391	James French	M			51.33
196	240	253	Alan Bush	M		V40	51.39
197	241	225	Patrick Ginty	M			51.40
198	242	129	Stephen Evans	M	Wymeswold RC		51.44
199	245	85	Kevin Holland	M	Long Eaton RC	V40	51.56
200	246	134	James Abbott	M			52.02
201	247	301	David Greenwood	M		V50	52.10
202	252	224	John Wadelin	M			52.24
203	254	209	Peter Furneaux	M			52.25
204	256	314	Christian Limb	M			52.42
205	261	128	Howard Turney	M		V40	53.11

Race Results - Men - F1 Jagermeister 10k 2006

206	264	88	Dave Burton	M			53.18
207	265	244	Jon Marriott	M			53.25
208	266	30	Michael Jones	M	Notts AC	V40	53.25
209	268	256	Matt Harrington	M			53.32
210	269	23	Geoffrey Brown	M		V40	53.34
211	270	235	Gary Evans	M		V50	53.38
212	272	127	Martyn Pearce McNeill	M			53.40
213	273	333	Simon Parker	M			53.45
214	274	64	Nick Bromage	M			53.46
215	275	222	Chris Roberts	M			53.54
216	276	249	Scott Waite	M			54.08
217	278	303	Steve Pole	M			54.16
218	282	1	Kevin Jones	M			54.28
219	284	7	Steven Hird	M			54.39
220	285	24	Russell Moore	M	Veterans AC	V50	54.40
221	288	368	Stephen Sipple	M		V40	54.56
222	289	170	Michael Cole	M		V50	55.04
223	290	164	Nigel Starr	M	Erewash Valley Running Club	V50	55.15
224	293	285	Darren Brimer	M			55.23
225	294	240	Ben Dyer	M			55.24
226	297	12	Matt Strickland	M			55.35
227	300	375	Michael Stewart	M		V40	55.38
228	301	52	Ian Waterhouse	M	Long Eaton RC	V40	55.39
229	302	173	Nigel Gill	M		V40	55.42
230	303	39	Tim Smith	M		V40	55.44
231	305	97	Simon Young	M			55.46
232	306	387	Martyn Spencer	M			55.57
233	307	86	Jeremy Fenn	M			56.01
234	309	99	Adrain Hurry	M			56.29
235	318	126	Frank Houvenaghel	M	Holme Pierrepont	V50	57.34
236	319	345	Stuart Bell	M	Long Eaton RC		57.37
237	321	315	Graham Kirsopp	M		V40	58.06
238	322	381	Steve Lack	M		V40	58.37
239	323	319	Ken Wright	M	Rolls-Royce Harriers	V50	58.42
240	326	242	Simon Basson	M		V40	59.01
241	329	321	Colin Peet	M	Redhill Road Runners	V50	59.36
242	333	84	Peter Sturgess	M	Long Eaton RC		60.18
243	335	384	Andrew Whitfield	M		V40	61.31
244	336	60	Peter Church	M	Long Eaton RC	V50	61.47
245	338	98	Chris Bishop	M			62.33
246	355	121	Christopher Trendowicz	M			72.04
247	358	231	Les Woof	M			77.59

Race Results - Women - F1 Jagermeister 10k 2006

PLACE	OVERALL POSITION	NUMBER	NAME	SEX	CLUB	CATEGORY	TIME
1	37	46	Gemma Steel	F	Hermitage Harriers		39.26
2	52	48	Emily Rose	F	Redhill Road Runners		40.40
3	59	294	Helen Shirley	F	Holmfirth Harriers		41.12
4	63	296	Monique Raaijmakers	F	Barrow Runners	V40	41.25
5	81	313	Hannah Spotak	F	Barrow Runners		42.27
6	98	339	Samantha Emery	F	Notts AC		43.39
7	104	309	Jodie Smith	F	Long Eaton RC		44.09
8	109	202	Caroline Norton	F	Redhill Road Runners		44.20
9	112	59	Catherine Charlton	F	Redhill Road Runners		44.23
10	113	342	Claire Hayes-Gill	F	Holme Pierrepont		44.25
11	126	50	Karyn Stander	F	Redhill Road Runners		45.17
12	129	237	Hayley Abraham	F			45.23
13	137	6	Beth Hird	F			45.36
14	142	200	Dorothy Michalak	F	Holme Pierrepont	V40	45.47
15	143	66	Alison Herbert	F	Redhill Road Runners		45.47
16	145	197	Sarah Wileman	F			45.55
17	149	346	Sally Plastow	F	Redhill Road Runners		46.11
18	157	152	Kate Edmonds	F	Long Eaton RC	V40	46.23
19	159	215	Amanda Lowton	F	Redhill Road Runners		46.25
20	172	37	Sally Wharmby	F			47.16
21	175	118	Anita Connell	F	Police AC		47.27
22	183	392	Deborah Haslam	F	Heanor Running Club		47.55
23	185	117	Emma Jepson	F	Police AC		47.57
24	189	207	Sue Klotschkow	F	Long Eaton RC	V40	48.16
25	197	161	Charlotte Gault	F	Holme Pierrepont		48.46
26	198	132	Emma Fitcher	F	Redhill Roadrunners		48.48
27	199	80	Melanie Berry	F	Long Eaton RC		48.52
28	203	241	Louise Harrop	F			49.04
29	204	51	Carloine Waterhouse	F	Long Eaton RC		49.06
30	206	205	Rachel Martin	F	Redhill Road Runners		49.10
31	208	332	Catherine Rowe	F	Long Eaton RC	V40	49.11
32	210	167	Louise Hughes	F	Long Eaton RC		49.21
33	212	284	Laura Marshall	F			49.31
34	213	163	Debra Shaw	F	Notts AC		49.32
35	214	326	Michelle Flint	F	Redhill Road Runners	V40	49.33
36	216	327	Victoria Yeomans	F	Long Eaton RC		49.48
37	218	79	Louise O'Reilly	F	Long Eaton RC		49.56
38	219	191	Emma Robinson	F			49.57
39	222	81	Helen Gorman	F	Long Eaton RC		50.08
40	223	360	Kate McBlane	F			50.11
41	232	73	Emily Parkin	F			50.41
42	233	283	Hannah Beilby	F			50.56
43	235	184	Sandy Poole	F	Holme Pierrepont	V50	51.17
44	238	194	Charlotte Robinson	F			51.30
45	243	58	Debbie Parker	F	Long Eaton RC		51.54
46	244	165	Lindsey Dewis	F		V40	51.54
47	248	334	Lindsey Marshall	F		V40	52.11
48	249	290	Pauline Clarke	F	Redhill Road Runners		52.12
49	250	20	Julie Nicholls	F			52.12
50	251	340	Joan Inglis	F		V40	52.16
51	253	210	Jennifer Ward	F			52.25
52	255	154	Claire Evans	F			52.30
53	257	250	Barbara Sacre	F			52.43
54	258	228	Nina Iacovitti	F	Long Eaton RC		52.51
55	259	69	Barbara Bostock	F	Long Eaton RC	V50	53.05
56	260	238	Kate Turner	F			53.10
57	262	378	Caroline Sharratt	F	Erewash Valley Running Club	V40	53.14
58	263	377	Catriona Mortimer	F	Long Eaton RC		53.14
59	267	143	Lyn McDonnell	F	Notfast RC	V40	53.28
60	271	180	Jane Edwards	F	Heanor Running Club		53.38
61	277	302	Ann Greenwood	F		V50	54.15
62	279	135	Sheree Kyle	F			54.20
63	280	338	Janet Hudson	F		V40	54.26
64	281	274	Laura Wylie	F			54.28
65	283	389	Patricia Allen	F	Notts AC	V50	54.32
66	286	367	Sharon Thomas	F		V40	54.43

Race Results - Women - F1 Jagermeister 10k 2006

67	287	324	Dawn Cassidy	F	Run Local		54.50
68	291	212	Tina Stowell	F			55.16
69	292	92	Johanna Feary	F			55.22
70	295	234	Laura Millard	F			55.32
71	296	14	Becky Sandford	F			55.35
72	298	306	Jane Limb	F		V40	55.36
73	299	40	Nicki Little	F	Beaumont	V50	55.37
74	304	38	Nicki Hay	F			55.44
75	308	298	Michelle Sprosen	F			56.23
76	310	374	Karen Woodham	F	Notts AC		56.36
77	311	18	Jennie Woodcock	F			56.39
78	312	193	Joanne Humphrey	F			56.52
79	313	383	Fiona Wright	F			56.53
80	314	287	Julie Wright	F			57.02
81	315	370	Seonna Kingsley	F		V40	57.17
82	316	198	Rachel Whittaker	F	Notts AC		57.23
83	317	397	Rachel Middleton	F	Notts AC		57.23
84	320	26	Alison Bottomley	F	Holme Pierrepont	V50	57.49
85	324	141	Sarah Isherwood	F	Wymeswold RC		58.46
86	325	221	Elizabeth Tarling	F			58.47
87	327	82	Fabienne Schiess	F		V40	59.07
88	328	192	Paula Humphrey	F			59.15
89	330	358	Lisa Surrell	F	Rolls-Royce Harriers		59.48
90	331	174	Nicola Mee	F	KADS		59.59
91	332	214	Lesley Jenkinson	F			60.15
92	334	217	Louise Davis	F	Redhill Road Runners		61.12
93	337	78	Joanna Simon	F			62.31
94	339	153	Jane Rogers	F		V50	62.52
95	340	9	Teresa Rae	F			63.00
96	341	110	Chi-Chi Tang	F	Police AC		64.15
97	342	248	Helen Woodham	F			65.26
98	343	67	Victoria Adika	F			67.24
99	344	176	Clare Campbell	F	Shelton Striders		67.35
100	345	61	Ann Church	F	Long Eaton RC		67.36
101	346	226	Debra Mason	F		V40	67.43
102	347	34	Kelly Marshall	F			67.43
103	348	233	Samantha Wibberley	F			68.02
104	349	75	Christine Woolley	F		V40	68.11
105	350	273	Victoria Crane	F	Notts Ac		68.15
106	351	19	Sara Hartshorn	F	Running 4 Women		68.53
107	352	53	Louise Sapstead	F			71.02
108	353	187	Jane Cullen	F			71.02
109	354	122	Beth Gardner	F			72.04
110	356	318	Rosemary Wright	F	Rolls-Royce Harriers	V50	72.32
111	357	169	Liz Bellamy	F	West End Runners	V50	74.58
112	359	257	Melissa Harrington	F			80.23
113	360	255	Katie Harrington	F			80.23